

WEEK 1	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 31/10/2016 • 21/11/2016 • 12/12/2016 • 16/01/2017 • 06/02/2017 • 06/03/2017 • 27/03/2017				
MONDAY	Homemade Hawaiian Pizza - Homemade Potato Wedges <u>or</u> Pasta, Baked Beans <u>or</u> Spaghetti hoops	Cheese and Tomato Pizza - Homemade Potato Wedges <u>or</u> Pasta, Baked Beans <u>or</u> Spaghetti Hoops	Jacket Potato with Various Fillings	Crunchy Flapjack
TUESDAY	Beefy Macaroni Bake with Mixed Vegetables and Crusty Bread	Tomato and Basil Pasta Bake with Mixed Vegetables and Crusty Bread	Jacket Potato with Various Fillings	Autumn Berry Crumble and Custard
WEDNESDAY	Roast Pork, Stuffing and Apple Sauce Roast Potatoes, Mashed Potatoes, Fresh Carrots, Cabbage and Gravy	Homemade Glamorgan Sausage Roast Potatoes, Mashed Potatoes, Fresh Carrots, Cabbage and Gravy	Jacket Potato with Various Fillings	Fresh Fruit Salad and Ice cream
THURSDAY	Minced Beef and Onion Pie or Savoury Mince Mashed Potato <u>or</u> Pasta, Broccoli and Gravy	Quorn and Vegetable Pie <u>or</u> Veggie Savoury Mince Mashed Potato <u>or</u> Pasta, Broccoli and Gravy	Jacket Potato with Various Fillings	Shortbread Biscuit and Frozen Yoghurt
FRIDAY	Fish Finger <u>or</u> Salmon Bake Chips, Pasta <u>or</u> Mashed Potato, Baked Beans <u>or</u> Peas	Cheese and Onion Quiche Chips, Pasta <u>or</u> Mashed Potato, Baked Beans <u>or</u> Peas	Jacket Potato with Various Fillings	Banana and Chocolate Muffin and Glass of Fruit Juice
WEEK 2	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 07/11/2016 • 28/11/2016 • 02/01/2017 • 23/01/2017 • 13/02/2017 • 13/03/2017				
MONDAY	Spicy Chicken Salsa Pasta in a Pot Crusty Bread and St Peters Salad	Quorn Spicy Pasta in a Pot Crusty Bread and St Peters Salad	Jacket Potato with Various Fillings	Cornflake Tart and Custard
TUESDAY	Fish in Batter <u>or</u> Mac and Cheese Mashed Potato <u>or</u> Pasta, Peas <u>or</u> Beans	Cheese and Vegetable Frittata Mashed Potato <u>or</u> Pasta, Peas <u>or</u> Beans	Jacket Potato with Various Fillings	Chocolate Gooley Cake
WEDNESDAY	Roast Turkey, Roasted and Boiled Potatoes and Stuffing Carrots, Green Beans and Gravy	Cheese and Potato Pie with Baked Beans	Jacket Potato with Various Fillings	Fruit Rice Pudding
THURSDAY	Homemade Beef Lasagne or Homemade Beef Bolognaise Sweetcorn and Peas, Garlic Bread	Baked Bean Lasagne / Homemade Veggie Bolognaise Sweetcorn and Peas, Garlic Bread	Jacket Potato with Various Fillings	Toffee Apple Crumble and Custard
FRIDAY	Hot Dog & Onions Chips, Pasta <u>or</u> Mashed Potato, Baked Beans <u>or</u> Peas	Homemade Glamorgan Sausage Chips, Pasta <u>or</u> Mashed Potato, Baked Beans <u>or</u> Peas	Jacket Potato with Various Fillings	Oat and Raisin Cookie and Glass of Milk
WEEK 3	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 14/11/2016 • 05/12/2016 • 09/01/2017 • 30/01/2017 • 27/02/2017 • 20/03/2017				
MONDAY	Cheese and Leek Pasta Bake Garlic Bread and Mixed Vegetables	Spicy Tomato Pasta Bake Garlic Bread and Mixed Vegetables	Jacket Potato with Various Fillings	Fruit Crumble Tart and Custard
TUESDAY	Sausage Crunch <u>or</u> Meatball in a Savoury Sauce Green Beans, Pasta <u>or</u> Mashed Potato	Vegetable Crunch <u>or</u> Vegetarian Meatballs in Savoury Sauce Green Beans, Pasta <u>or</u> Mashed Potato	Jacket Potato with Various Fillings	Marble Cake
WEDNESDAY	Roast Beef and Yorkshire Pudding Roast and Boiled Potatoes, Carrots, Broccoli and Gravy	Lentil Bake Roast and Boiled Potatoes, Carrots, Broccoli and Gravy	Jacket Potato with Various Fillings	Cookie and Ice Cream
THURSDAY	Chicken Korma <u>or</u> Beef Chow Mein Mixed Vegetables, Mixed Rice and Naan Bread	Vegetable Korma <u>or</u> Vegetable Chow Mein Mixed Rice and Naan Bread	Jacket Potato with Various Fillings	Jam Buns and Glass of Fruit Juice
FRIDAY	Fish Finger <u>or</u> Fish Cake Chips, Pasta <u>or</u> Mashed Potato, Baked Beans <u>or</u> Peas	Homemade Glamorgan Sausage Chips, Pasta <u>or</u> Mashed Potato, Baked Beans <u>or</u> Peas	Jacket Potato with Various Fillings	Autumn Berry Sponge and Custard

Bread, Fresh Fruit and Salad Bar Available Daily

Due to circumstances beyond our control, there may at times be a slight variance in our menus; we apologise for any inconvenience this may cause. The fruit and vegetables we serve are also subject to seasonal variation.